

Make sure your name and address are written here.

Age: _____

Name: _____

Address: _____

Class Leader: _____

B.E.S.
& Friends



B.E.S.
A wise guide



Q
Bravely asks questions



Pause
Likes to stop and think



Beam
An encouraging friend

STORY 1: God gives food

This story is about God providing food for His people.

Adult Guidance - Talk about grumbling and ask for examples of things people complain about. Focus on the good things we should be thankful for. In this story God provided good things for His people.



READ:
Exodus 16: 1-32



God's people grumbled to their leader Moses. They were hungry and wanted food. They had forgotten how God had already looked after them.

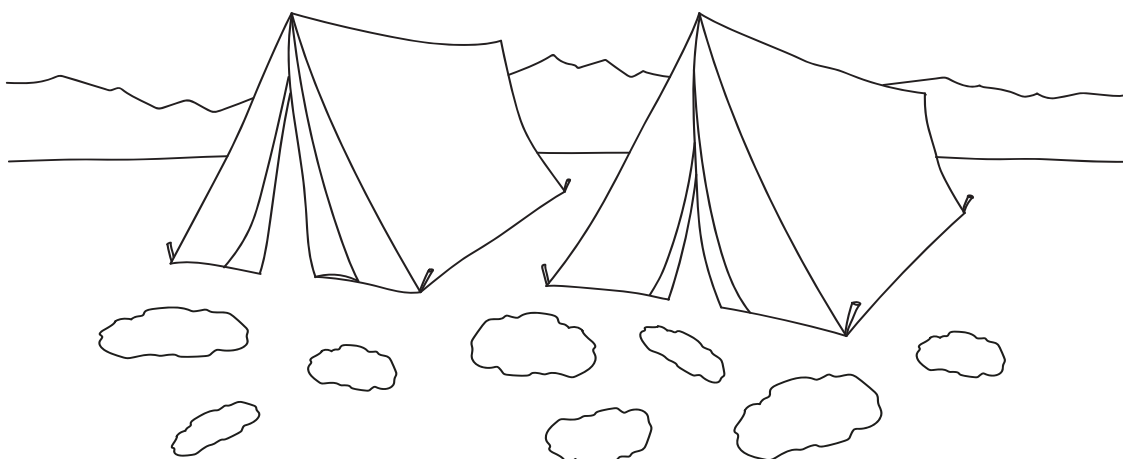
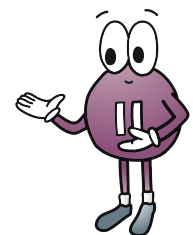
But God was still good to them. He gave them special bread from Heaven each morning.

It was on the ground beside the tents. It was called manna. It tasted like honey.

God was looking after His people.

Colour the tents blue.

Colour the manna yellow and draw some more manna.



STORY 2: God answers prayer

This story is about God helping those who trust Him.

Adult Guidance - In this story it was God who won this battle for His people. Talk about how Christians rely on God to give them strength when they face challenges. They can pray as Moses did.



READ:
Exodus 17: 8-15

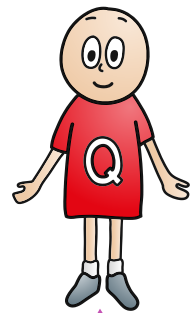
One day another army attacked God's people. They needed to fight back.

Moses' helper, Joshua, had lots of soldiers. Joshua led them into battle.

Moses went up a hill to pray. Two friends helped Moses hold up his stick before God. When his stick was up high, God's people were winning!

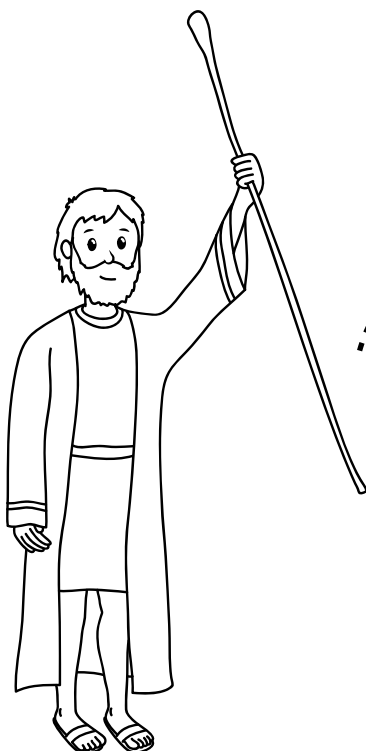
Moses kept on praying until evening.

God's people won the battle because God answered Moses' prayers.

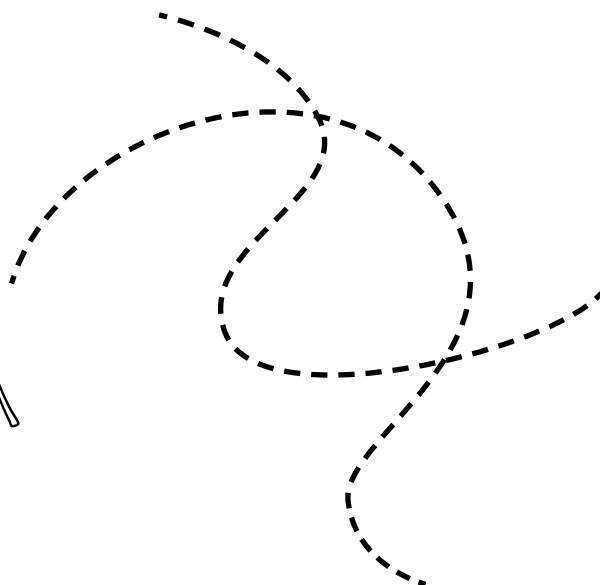


Have you ever prayed to God for help?

Join up each picture to the correct name.



Joshua



Moses



STORY 3: God gives commandments

This story is about God's rules.

Adult Guidance - Give examples of rules at home or school. Explain that it is important to keep the rules to be happy and safe. Talk about rules which are hard to keep. In the Bible we read about God's rules for His people, e.g. not stealing or telling lies.



READ:
Exodus 19 & 20

One day God called Moses up a mountain.

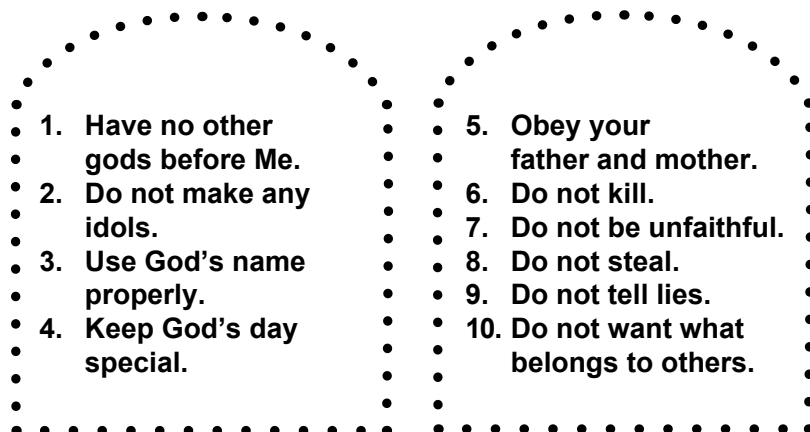
God came down in a big cloud to meet Moses at the top of the mountain.

Join the dots to write God's name in the cloud at the top of the mountain.
Colour the mountain green.



God gave Moses His rules. There were ten rules written on two big stones.

Join the dots to make the stones.



God's rules said that people should love Him and love others.

Do you think you could keep all of these rules?

The Bible says that Jesus is the only person who has never broken God's rules.



STORY 4: God saves the people's lives

This story is about God's way of saving the people from dying.

Adult Guidance - Explain that the people had done something wrong by complaining, and that the only way to make it right was to obey what God said. They needed God's forgiveness.

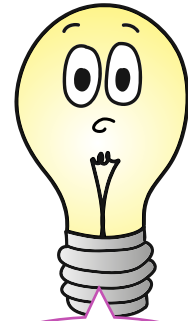


READ:
Numbers 21: 4-9

God's people were ungrateful for the things God had done for them. They started complaining again.

God allowed snakes to attack them. Then the people told Moses they were sorry for complaining. They asked Moses to pray for them.

God told Moses to put a metal snake on a pole. He promised to make the people better when they looked at it.

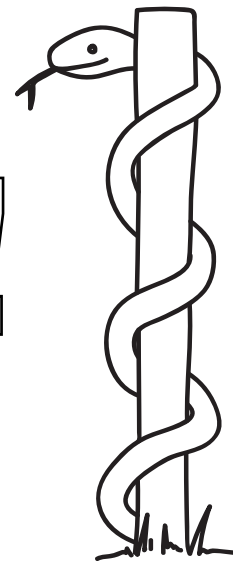


It's wrong to complain about the gifts God has given us.

Anyone who looked at the metal snake was made better just as God said.

Colour the picture and the word.

Look!



The Bible says we need to obey God.

/10

Marks (to be entered by leader)

Leader's comments:

Return your lessons to:

STORY 1: _____

STORY 2: _____

STORY 3: _____

STORY 4: _____

Total _____

Grand Total _____