

Make sure your name and address are written here.

Age: _____

Name: _____

Address: _____

Class Leader: _____

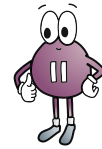
B.E.S.
& Friends



B.E.S.
A wise guide



Q
Bravely asks questions



Pause
Likes to stop and think



Beam
An encouraging friend

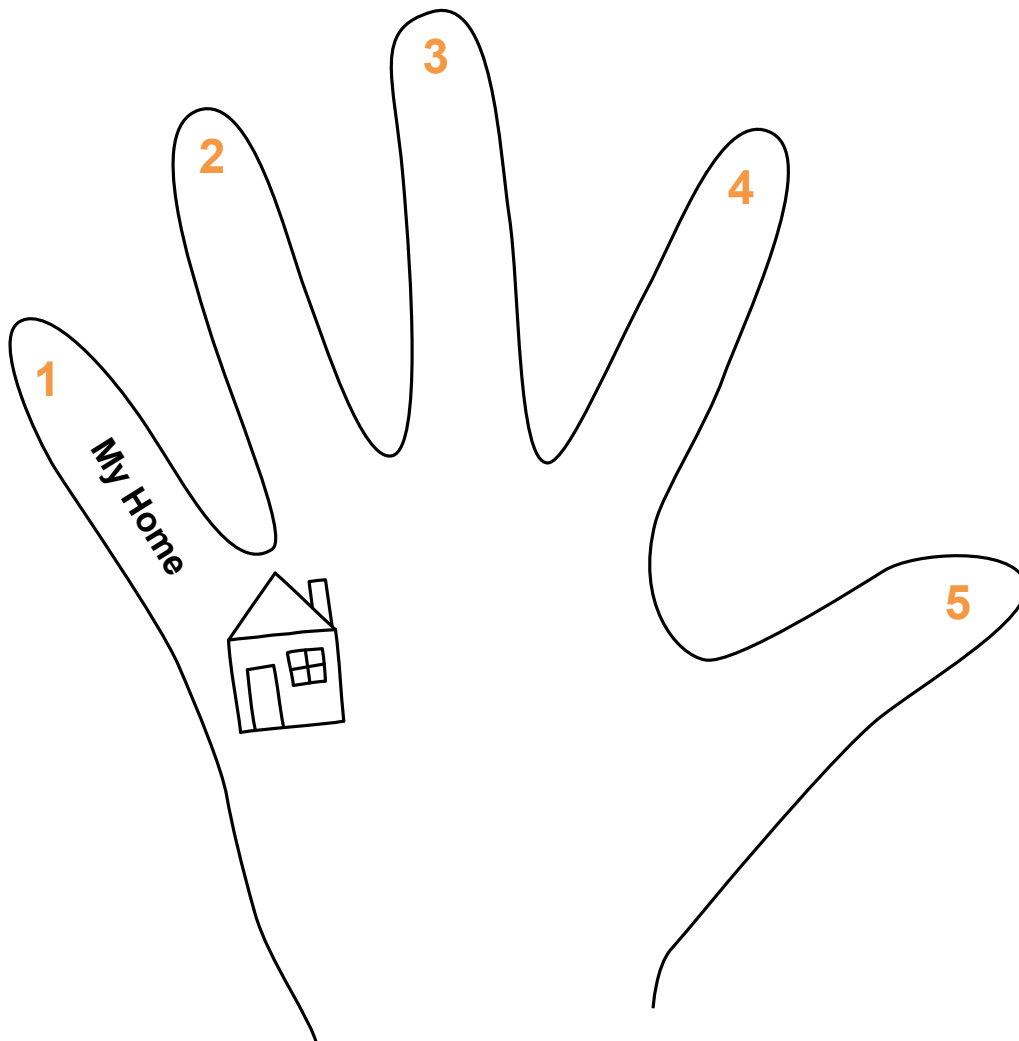
STORY 1: God gives food

This story is about God providing food for the Israelites.



READ:
Exodus 16: 1-32

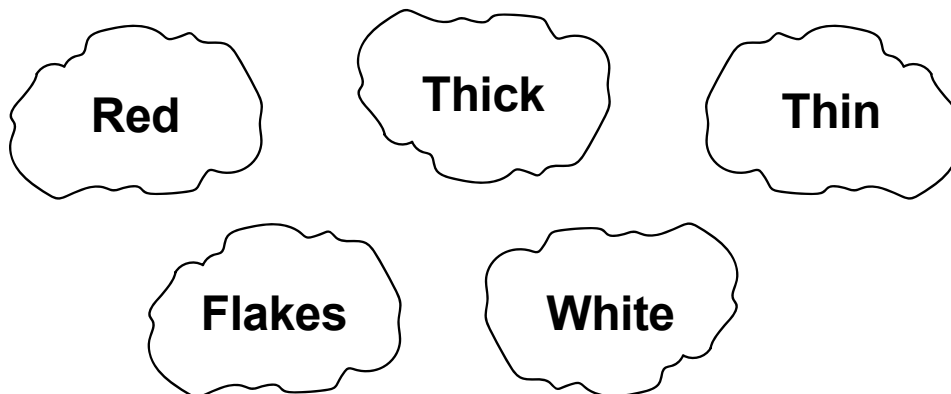
Think of five things you are thankful for and draw or write them in the picture.
One has been done for you.



Sadly the Israelites were not very thankful. After only a few weeks in the desert, they started to grumble. They said they should have stayed in Egypt. They told Aaron and Moses, in Egypt, "we sat around...and ate all the food we wanted, but you have brought us out into the desert to starve..."

God was good to them. He sent them special food from Heaven called manna. Each morning, they found it lying like thin, white flakes on the ground. All they had to do was to gather it up, and then cook it. It tasted good - like wafers made with honey!

Colour the words that describe the manna.



☐ /6

During all the years they spent in the desert, God's special bread was always there! How good God was to them. The Israelites should have been more thankful.

Decorate the verse.

"Give thanks to
the Lord, for
He is good..."



Psalm 106: 1

☐ /6

TOTAL:

STORY 2: God gives victory

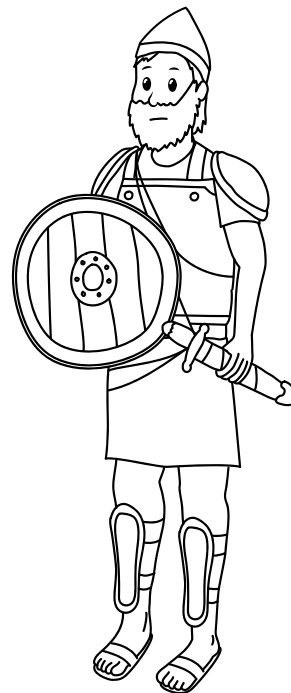
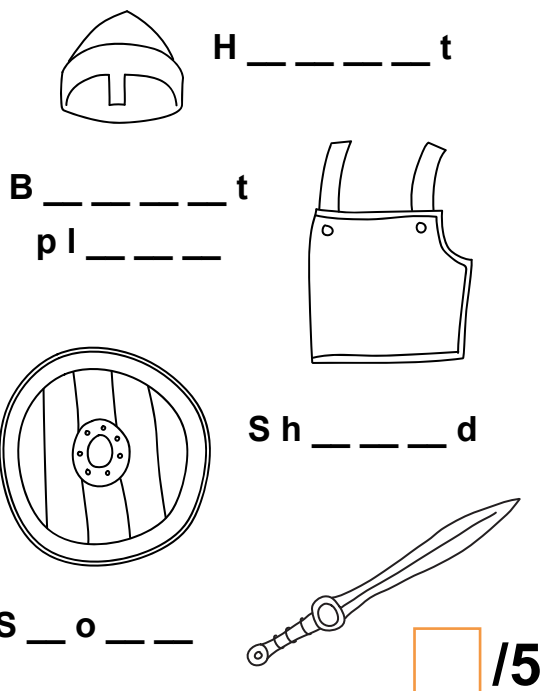
This story is about God providing help to those who trust in Him.



READ:
Exodus 17: 8-15

A soldier needs to wear armour before going into battle. Using the word bank, fill in the missing words and colour the soldier ready to fight.

Shield Sword Helmet Breast Plate



One day, soldiers, called Amalekites, started fighting against the Israelites. Moses' helper, Joshua, quickly gathered together an army. Off they went to fight the enemy. Soon a big battle started.

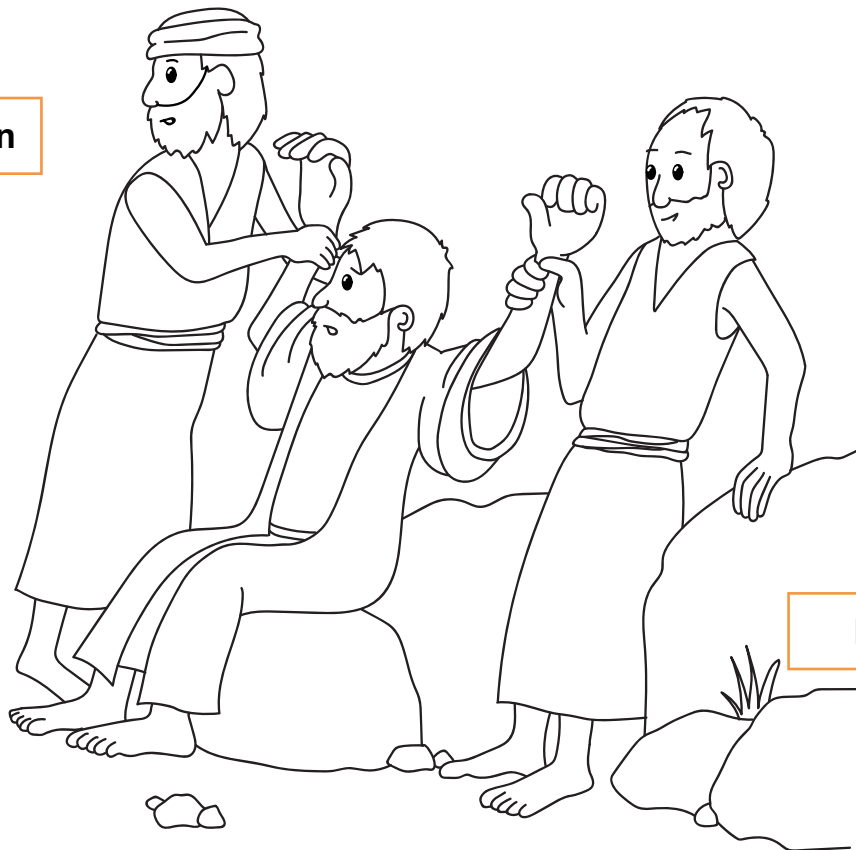
Moses took his special stick and climbed to the top of a nearby hill. Aaron and Hur went with him. When Moses held up his stick, the Israelites won, but when he put it down, the Amalekites started winning!

After a while, Moses' arms got tired. Aaron and Hur made him sit on a big stone. Then they stood on either side of him, holding up his arms.

God knew that the Israelites were trusting Him to help them. All day the battle went on, but when evening came, the enemy was beaten!

Colour the picture of Moses, Aaron and Hur. Draw the stick and then write in their names.

A _ r _ n

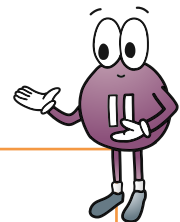


H _ r

/8

God gave Moses special friends to help him during the battle.

Think of TWO ways that you could be a special friend to others.
Draw your ideas in the boxes below.



/4

TOTAL:

STORY 3: God gives commandments

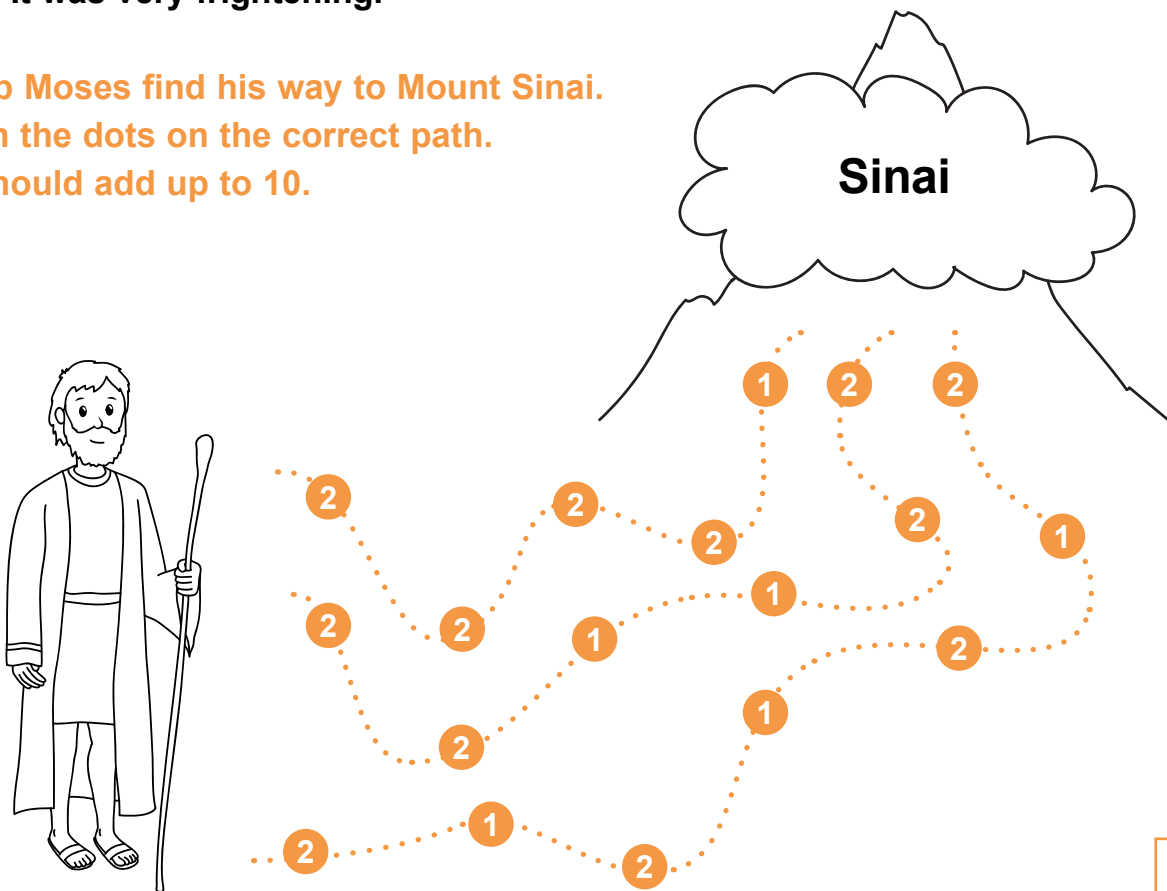
This story is about God's rules.



READ:
Exodus 19 & 20

The Israelites came to a big mountain called Sinai. Moses went up the mountain. There was a lot of thunder and lightning, as well as thick cloud and fire. It was very frightening.

**Help Moses find his way to Mount Sinai.
Join the dots on the correct path.
It should add up to 10.**



/4

The most wonderful thing that happened was that God met Moses there. God gave him His laws, or rules. These rules were to help the Israelites understand how God expected them to behave. We usually call these laws:

Colour the squares with dots in them.

O	T	W	T	H	E	U	C	Z	F	T	E	N	P	L	A	X
T	T	C	O	M	M	A	N	D	M	E	N	T	S	G	R	A

/5

God wrote His rules on two big stones and gave them to Moses.

God's laws said that they were to love God more than anything else, and that they were to love each other.

The 10 Commandments

1. Have no other gods before Me.
2. Do not make any idols.
3. Use God's name properly.
4. Keep God's day special.

The 10 Commandments

5. Obey your father and mother.
6. Do not kill.
7. Do not be unfaithful.
8. Do not steal.
9. Do not tell lies.
10. Do not want what belongs to others.

Do you love God and love others?



Use a green pencil to underline the commandment which tells us to obey our parents.

Use a red pencil to underline the commandment which tells us to tell the truth.

Use a blue pencil to underline the commandment which tells us not to take other people's belongings.

☐ /6

The Bible teaches that Jesus is the only person who has been able to keep all of God's laws. When we break God's laws the Bible calls this sin. The Bible also teaches that if we believe in Jesus, God will forgive us for our sin.

Colour the words.

“...all have sinned...”

Romans 3: 23

☐ /5

TOTAL:

☐

STORY 4: God gives salvation

This story is about God's way of saving people from death.

Below are some of the things that people complain about today.

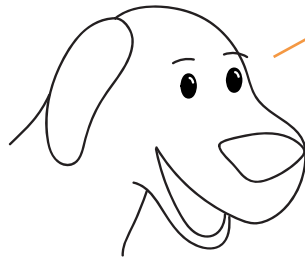


READ:
Numbers 21: 4-9

Put these words into the correct spaces: **Traffic Weather Noise**



W _ _ _ _ _ r



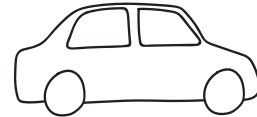
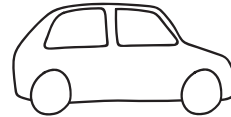
Woof!
Woof!

N _ _ _ _ e

Beep!

Beep!

Beep!



T _ _ _ _ _ c

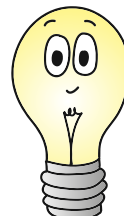
/6

Can you think of one more?

Draw it here.

One day, the Israelites started to complain. "Why have you brought us up out of Egypt to die in the wilderness? There is no bread! There is no water! And we detest this miserable food!"

God let poisonous snakes attack them! In a short time, many Israelites were bitten and were dying.



It's wrong to moan
and complain about the
gifts God has given us!

/4

Write YES or NO after the following sentences.

The Israelites were thankful to God for all His gifts.

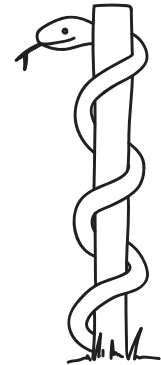
The snakes were harmless.

Many Israelites were bitten.

/6

Before long, the people came back to tell Moses how sorry they were for what they had said. They asked him to pray to God to take the snakes away.

God told Moses to make a snake out of a piece of metal. Then he put it up on a big pole. He told all the bitten, dying people to look at it, for God had promised to make them better, just as soon as they looked!



Everyone who did just as God had said was healed!

The Bible says that we can be saved from our sins when we trust in Jesus who was lifted up on the cross.

Colour the words.

Trust in
Jesus



/4

TOTAL:

Marks (to be entered by leader)

Leader's comments:

Return your lessons to:

STORY 1: _____

STORY 2: _____

STORY 3: _____

STORY 4: _____

Total _____

Grand Total _____