

Make sure your name and address are written here.

Age: _____

Name: _____

Address: _____

Class Leader: _____

B.E.S.
& Friends



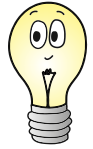
B.E.S.
A wise guide



Q
Bravely asks questions



Pause
Likes to stop and think



Beam
An encouraging friend

STORY 1: Jonah in the ship

Being disobedient



READ:
Jonah 1: 1-9



KEY VERSE:
Jonah 1: 3
Ask someone to help you find this verse.

Jonah served God by telling people God's messages.

Q: Use the picture alphabet to discover the Bible word for his job.



/3

One day, the word of the Lord came to Jonah. God told him to go to a big city called Nineveh. There, he was to warn the wicked people of God's punishment, because God had seen their sins.

Q: To whom did God speak?

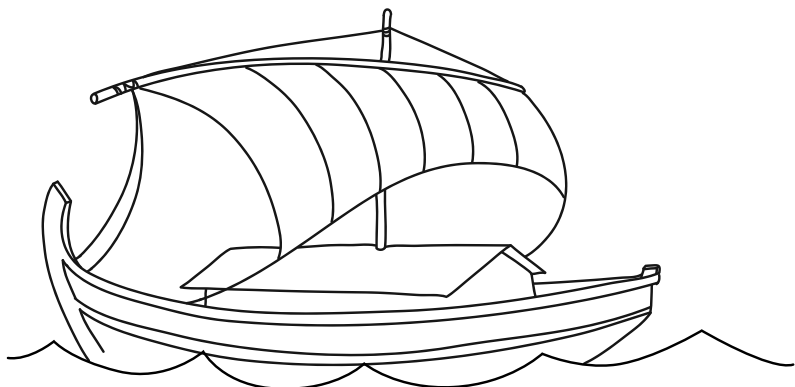
J _ _ _ h

Where did God send him?

N _ _ _ _ _ h

/2

Jonah, however, disobeyed God's command, and decided to run away to Tarshish. Perhaps this was because the people who lived in Nineveh, were enemies of his people and Jonah felt they deserved to be punished. He went down to Joppa, by the sea, and paid his fare to sail on a ship to Tarshish.



Q: Put the correct word in each space below.

Nineveh

Tarshish (use twice)

Joppa

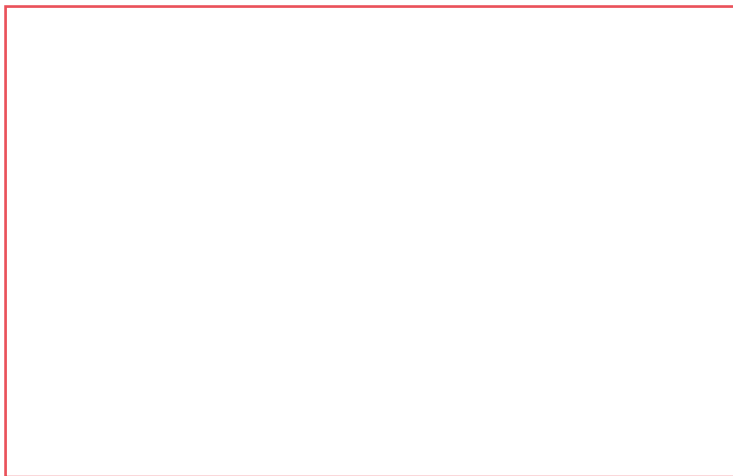
Jonah disobeyed God by running away to
instead of going to . He paid to sail on
a ship from to .



*Jonah could not
hide from God. God
knew exactly where
he was!*

/4

Q: Draw the ship being tossed in the waves. Colour the picture.



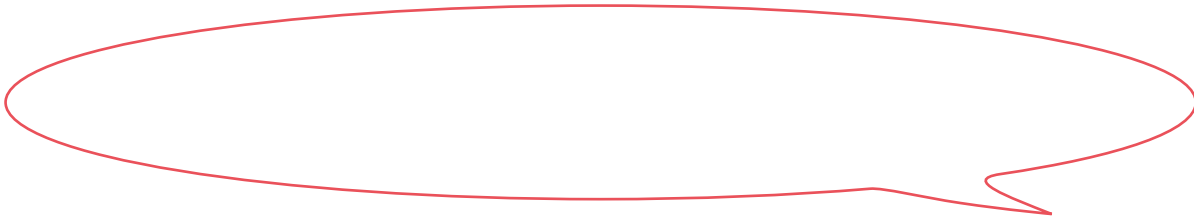
Once on board, Jonah lay down and fell asleep. While he slept, God sent a great storm, which tossed the ship so badly, that the frightened sailors thought they were going to sink and be drowned!

Then the captain came and woke Jonah up and told him to call on his God.

/6

The sailors discovered that Jonah was to blame and asked him many questions: "What is your job?", "Where do you come from?", "What have you done?"

Q: Write out one of the questions the sailors asked Jonah.



/2

Jonah told them that he was a Hebrew. He said that he worshipped the God of Heaven who had made the sea and that the storm was happening because he had disobeyed God!

Q: Fill in the missing letters.

Jonah was a H w . He worshipped the God of

H n . Jonah had d o d God.

/3

God had seen all the wrong things the people of Nineveh and Jonah had done. The Bible teaches He knows all about our sins too!

TOTAL:

STORY 2: Jonah in the sea

Jonah obeys God

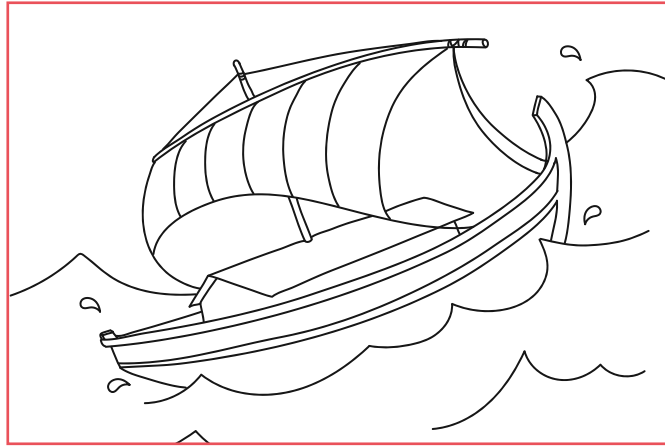


READ:
Jonah 1: 10 -17
& 2: 1-10



KEY VERSE:
Jonah 2: 9
*Ask someone to help
you find this verse.*

As the storm grew worse, the sailors asked Jonah what they should do with him, so that the sea might be calm again. "Pick me up and throw me into the sea," he replied. However, the men tried to row back to dry land.



Q: Tick the answer which Jonah gave to the sailors' question.

"Row back to land with me."

☐

"Throw me into the sea."

☐

"Make me the captain."

☐

☐ /2

Finally, they had no choice but to do as Jonah had said. After praying to Jonah's God, they picked up Jonah and threw him into the sea. Immediately the storm ended and the sea was calm. A miracle had happened!

Q: Colour the correct box to complete the sentences.

The sailors first

prayed to Jonah's God.

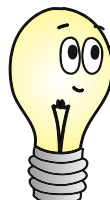
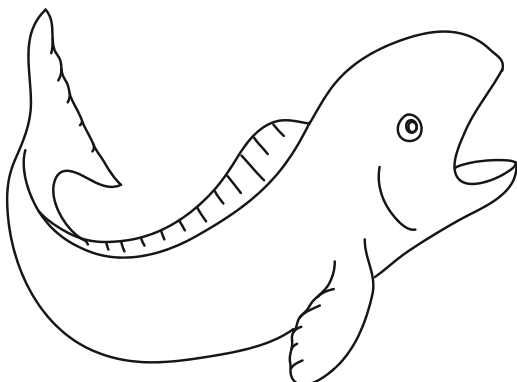
picked up Jonah.

The storm ended

the next day.

immediately.

☐ /2



Where was Jonah?

*In the sea, sinking deeper
and deeper! But God had prepared
a big fish to swallow Jonah. Jonah
was inside the fish for three days
and three nights!*

Q: Cross out the wrong numbers.

Jonah was in the fish for **30 / 3 / 13** days and **3 / 13 / 23** nights.

/2

Can you imagine what it must have been like inside the big fish's belly? It was dark, wet and very smelly! Inside, Jonah was praying to God! The Bible says that we can talk to God in any place and at any time!

Q: Fill in the missing letters.

We can **p _ _ y** to **G _ _** in any **p _ _ _ e** and
at any **t _ _ e**, just as **J _ _ _ h** did!

/5

Jonah was thanking God for saving his life! He remembered how awful it had been to be drowning, how the seaweed had wrapped around him, and how he had felt so far from God! At that moment, he had cried to the Lord, who had heard and saved him!

Q: Colour the letters of the Key Verse.

"Truly", said Jonah,

"Salvation is of
the Lord."

Jonah 2: 9

/5

Q: Find and circle the words in the WORD SEARCH.

Punished
Sorry
Forgiveness
Jesus

W	E	R	T	P	U	P	O	I	U	L
A	Z	A	S	U	D	F	G	H	J	K
X	S	C	V	N	B	N	M	L	E	A
F	O	R	G	I	V	E	N	E	S	S
W	R	P	L	S	S	A	M	L	U	A
Q	R	O	K	H	D	Z	N	K	S	S
R	Y	I	J	E	F	X	B	J	G	D
T	Y	U	H	D	G	C	V	H	G	F

Then Jonah had another surprise.
God spoke to the fish and it vomited
him out on dry land, safe and well!

/4

God punished Jonah for his disobedience but He also provided a way of saving him, when he was really sorry. The Bible teaches that we deserve to be punished for the things we do wrong. But God will forgive us, if we are truly sorry for our sins, because Jesus died for us, on the cross.

TOTAL:

STORY 3: Jonah preaches in Nineveh

Doing his duty



READ:
Jonah 3: 1-10



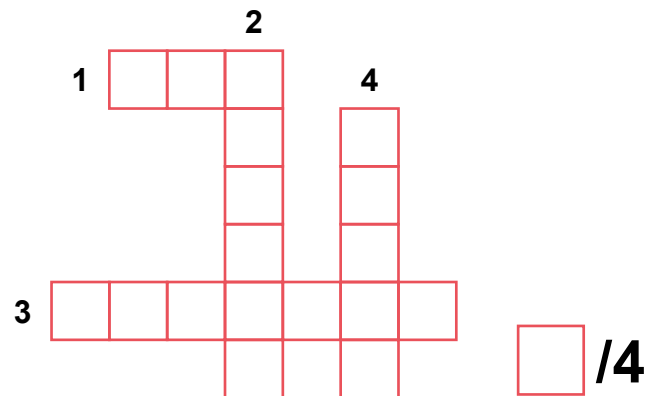
KEY VERSE:
Jonah 3: 5
*Ask someone to help
you find this verse.*

Jonah had hardly recovered from his awful experience, when God spoke to him the second time about going to Nineveh.

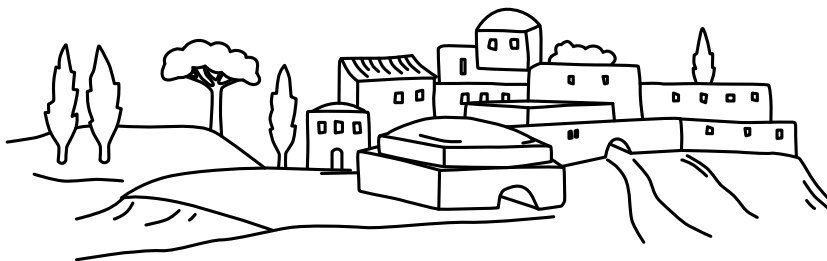
This time Jonah obeyed! Before long, he could see the great city in front of him. It was so big, it would take three days to walk through it.

Q: Write the answers to the following in the Word Grid.

1. The number of times God spoke to Jonah.
2. What Jonah did this time.
3. Jonah went to this place.
4. The number of days to walk through it.



As Jonah started to walk through the city, he preached God's message, "In forty days Nineveh will be destroyed!" The wicked people of the city listened to the stranger's message. They realised how wrong they were and they believed in God.



Q: TRUE or FALSE:

Jonah rode through the city.

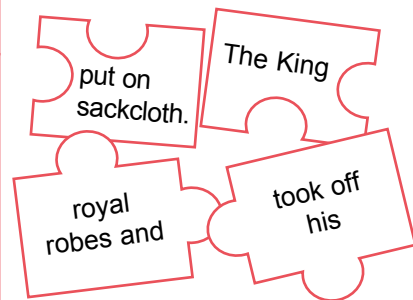
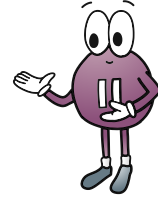
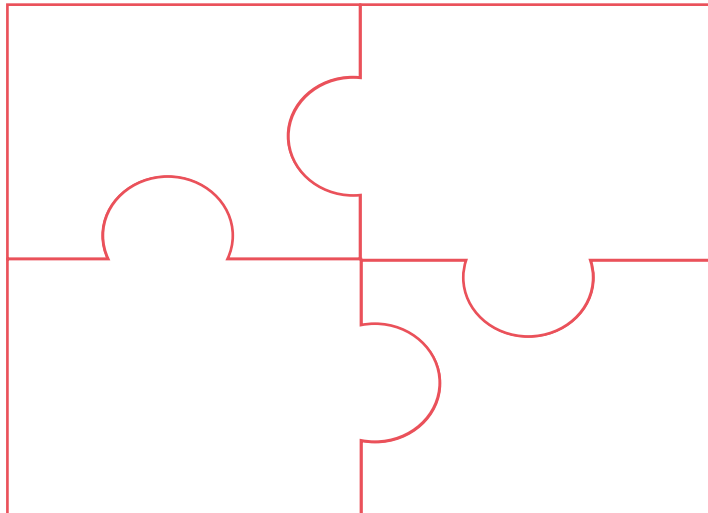
In thirty days Nineveh would be destroyed.

The people listened to Jonah.

The people of Nineveh believed in God.

/4

Q: Complete the jigsaw by writing the words in the matching pieces, to say what the king of Nineveh did, when he heard God's message.



/4

He did this to show he was truly sorry for his sins. He then ordered that a special message be sent to everyone! No one was to eat or drink! Instead they were to cry to God and turn from their evil ways, in the hope that they would not be punished.

Q: Complete the king's message to the people.

Do not or
Do cry
Do turn

/4

Q: Colour the words.

Then **God** saw that they had
turned from their evil ways.

Jonah 3: 10

/4

God decided not to punish them. How wonderful!

First Jonah, and then a whole city, were forgiven and given another chance because they were truly sorry and turned away from the wrong things they had done.

The Bible teaches that God is still kind and forgiving today. If, like the people of Nineveh, we turn back to God and believe His message, we will be saved from our sin.

TOTAL:

STORY 4: Jonah prays to God

Being disappointed



READ:
Jonah 4: 1-11



KEY VERSE:
Matthew 12: 41
*Ask someone to help
you find this verse.*

Jonah was not very pleased to see that God had not punished the city of Nineveh. In fact, he was very angry with God and told Him so! He told God that this is what he thought would happen. Then he added, "I know that You are a loving, merciful God and full of kindness."

Q: Draw an angry face on Jonah.
Colour the picture.



☐ /3

Q: Fill in the letters a, e, i, o and u.

I k n _ w t h _ t
Y _ _ _ r _ a l _ v _ n g,
m _ r c _ f _ l G _ d.

☐ /4

Jonah perhaps felt that the people shouldn't have been given another chance. As Jonah sat outside the city, he made himself a shelter from the sun. Then God made a plant to grow overnight to give him more shade. Jonah was very thankful for it. But the next night it died, because God had prepared a worm to eat it. The next morning as the sun rose, God caused an east wind to blow on Jonah. This made him feel faint and he wished he was dead!

Q: Underline the correct red word in each sentence.

God made a **plant / tree** to grow up.

The next night God prepared a **bird / worm / snake** to eat the plant.

God caused a wind from the **north / south / east / west** to blow.

☐ /3

Jonah was angry again, this time because the plant had died. God spoke to him and told him that just as he had been disappointed about the plant and wished it hadn't died, so God had taken pity on the people of Nineveh.

Jonah learned an important lesson that day. God cares very much for people, however bad they are. He is always ready to forgive those who are truly sorry, instead of punishing them.

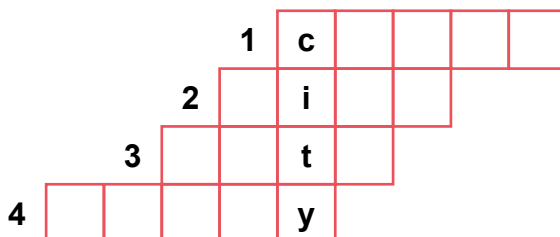
Q: Fill in the answers and complete the word grid.

1. God **c** _ _ _ _ for people.

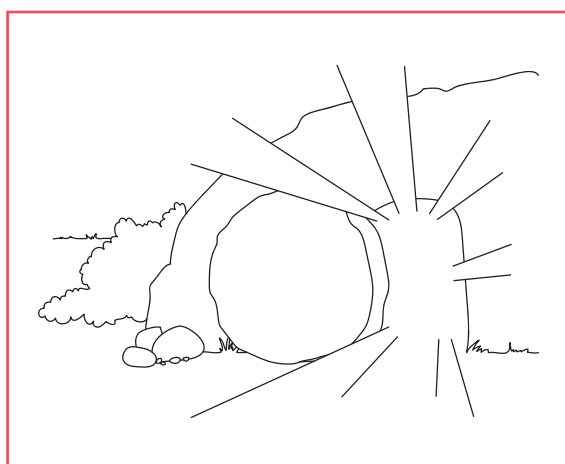
2. The plant _ _ _ _ _ .

3. God took _ _ _ _ _ on them.

4. Jonah was _ _ _ _ _ .



/8



Many years later, Jesus spoke about Jonah. He said that He was going to be buried, for three days and three nights, just as Jonah had been, inside the fish. This came true, for after He was buried, He rose from the dead, three days later!

Christians believe Jesus' message is still one of love and forgiveness to all who believe Him. Jesus, talking about Himself said, in the Key Verse,

“One greater than
Jonah is here.”

Q: Colour the words above from Matthew 12: 41.

/2

TOTAL:

Marks (to be entered by leader)

Leader's comments:

Return your lessons to:

STORY 1: _____

STORY 2: _____

STORY 3: _____

STORY 4: _____

Total _____

Grand Total _____